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# Welcome to Peninsula Cantare!

Welcome to Peninsula Cantare's season finale: Carl Orff's Carmina Burana!

Ever since its conception in 1971 as a class at Cañada College, Peninsula Cantare has made an important contribution to the choral music scene in the Bay Area with experienced and non-experienced choral singers of all areas and ages coming together to form this unique and talented group.

Cantare is dedicated to keeping the great choral masterpieces alive as well as exploring new music for the education and enjoyment of our audiences. Program repertoire ranges from the Renaissance to the twenty-first century; from a cappella literature to major works with orchestra. In addition to Bay Area concerts, members of the choir have recently traveled to tour Ireland in 2016 with choir members of San Jose State University and sang in April 2017 at Carnegie Hall! This is the first time that Peninsula Cantare has performed with a Resounding Achord in the United States. We are very excited for the opportunity to perform with Resounding Achord as we tour the Baltics in 2018!

We are completely not-for-profit and in order to provide scholarships, hire musicians and travel, we need YOU! Please keep us in mind as you are considering bidding through our silent auction. Thank you so much for joining us tonight! Enjoy the concert!

Laura Natta, Ph.D. Chair Board of Trustees

#### Peninsula Cantare Board of Trustees

Laura Natta, Chair Ron Hodges, Treasure Larry Baer Ginny Grant K.K. (Kay) Johnson Emily McChristian Ruthie Wilkins

# Program

#### Carmina Burana

Carl Orff (1895-1982)

Danielle Wells, soprano
Andrew Metzger, tenor Brandan Sanchez, baritone

#### FORTUNA IMPERATRIX MUNDI

- 1. O Fortuna
- 2. Fortune plango vulnera

#### PRIMO VERE

- 3. Veris leta facies
- 4. Omni sol temperat
- 5. Ecce gratum

#### UF DEM ANGER

- 6. Tanz
- 7. Floret silva
- 8. Chramer, gip die varwe mir
- 9. Reie
  - a. Swaz hie gat umbe
  - b. Chume, chum geselle min
  - c. Swaz hie gat umbe
- 10. Were diu werlt alle min

#### IN TABERNA

- 11. Estuans interius
- 12. Olim lacus colueram
- 13. Ego sum abbas
- 14. In taberna quando sumus

# **Program**

#### COUR D'AMOURS

- 15. Amor volat undique
- 16. Dies, nox et omnia
- 17. Stetit puella
- 18. Circa mea pectora
- 19. Si puer cum puellula
- 20. Veni, veni, venias
- 21. In trutina
- 22. Tempus est iocundum
- 23. Dulcissime

#### **BLANZIFLOR ET HELENA**

24. Ave formosissima

FORTUNA IMPERATRIX MUNDI

25. O Fortuna

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#### Fortune Empress of the World

#### 1. Oh Fortune (O Fortuna)

Oh Fortune! Like the moon, ever changing, rising first, then declining; hateful life treats us badly, then with kindness making sport with our desires, causing power and poverty alike to melt like ice.

Dread destiny and empty fate, an ever turning wheel, who makes adversity and fickle health alike turn to nothing. In the dark and secretly you work against me; how through your trickery my naked back is turned to you unarmed.

Good fortune and strength now are turned from me. Affection and defeat are always on duty. Come now and pluck the strings without delay! And since by fate the strong are overthrown, weep ye all with me.

#### 2. I lament the wounds of Fortune (Fortune plango vulnera)

I lament the wounds that Fortune, with tear-filled eyes, for returning to the attack. She makes her gifts for me. It is true, as they say, the well thatched pate may sooner lose its hair.

On the throne of Fortuna I sat elated, crowned with a wreath of prosperity's flowers. But from my happy flower-decked paradise I was struck down and stripped of all my glory.

The wheel of Fortune turns, dishonored I fall from grace and another is raised on high. Raised to dizzy heights of power, the King sits in majesty, but let him beware his downfall! For 'neath the axle of Fortune's wheel behold Queen Hecuba.

#### Springtime

#### 3. The Joyous face of Spring (Veris leta facies)

The joyous face of spring is presented to the world. Winter's army is

conquered and put to flight. In colorful dress Flora is arrayed and the woods are sweet with birdsong in her praise. Reclining in Flora's lap, Phoebus again laughs merrily, covered with many colored flowers, Zephyr breathes around this scented fragrance; eagerly striving for the prize, let us compete in love.

Trilling her song sweet Philomel is heard and smiling with flowers the peaceful meadows lie, a flock of wild birds rises from the woods; the chorus of maidens brings us a thousand joys.

#### 4. All things are tempered by the sun (Omni sol temperat)

All things are tempered by the sun, so pure and fine. In a new world are revealed the beauties of April. To thoughts of love the mind of man is turned, and in pleasure's haunts the youthful God holds sway.

Nature's great renewal in solemn spring and spring's example bid us rejoice; they charge us keep to well worn, and in your springtime there is virtue and honesty in being constant to your lover.

Love me truly! Remember my constancy, and with all my heart and with all my mind, I am with you even when far away. Whoever knows such love also knows the torture of the wheel.



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#### 5. Behold the Welcome (Ecce gratum)

Behold the welcome, long-awaited spring which brings back pleasure and with crimson flowers adorns the fields. The sun brings peace all around; away with sadness! Summer returns, and now departs cruel winter.

Melt away and disappear, hail, ice, and snow. The mists flee and spring is fed at summer's breast. Wretched is the man who neither lives nor lusts under summer's spell.

They taste delight and honeyed sweetness, who strive for and gain Cupid's reward. Let us submit to Venus' rule and joyful and proud be equal to Paris.

#### On the Green

- 6. Dance (Tanz)
- 7. The noble forest (Floret silva)

The noble forest is decked with flowers and leaves, Where is my old, my long- lost lover? He rode away on his horse. Alas, who will love me now?



The forest all around is in flower, I long for my lover. The forest all around is in flower, whence is my lover gone? He rode away on his horse. Alas, who will love me now?

# 8. Merchant! Give me colored paint (Chramer, gip die varwe mir)

Merchant! Give me colored paint, to paint my cheeks so crimson red, that I may make these bold young men, whether they will or no, to love me. Look at me, young men all! Am I not well pleasing?

Hail to thee, O world that art in joy so rich and plenteous! I will ever be in thy debt, Surely for thy goodness' sake. Look at me, young men all! Am I not well pleasing?

#### 9. Dance (Reie)

They who here go dancing round are young maidens all who will go without a man. This whole summer long. Come, come, dear heart of mine.

Come, come, dear heart of mine, I so long have waited for thee, I so long have waited for thee. Come, come, dear heart of mine!

Sweetest rosy colored mouth, come and make me well again, come and make me well again, sweetest rosy colored mouth. They who here go dancing round.

They who here go dancing round are young maidens all, who will go without a man this whole summer long.

#### 10. If the whole world were but mine (Were diu werlt alle min)

If the whole world were but mine from the sea right to the Rhine, gladly I'd pass it by, if the Queen of England fair in my arms did lie.

#### 11. Seething inside (Estuans interius)

Seething inside with boiling rage in bitterness I talk to myself.

Made of matter, risen from dust, I am like a leaf tossed to play by the winds.

But whereas it fits a wise man to build his house on a rock, I, poor fool, am like a meandering river, never keeping to the same path.

I drift along like a pilotless ship or like an aimless bird, carried at random through the air. No chains hold me captive, no lock holds me fast, I am looking for those like me, and I join the deprayed.

The burdens of the heart seem to weigh me down; jesting is pleasant and sweeter than the honeycomb. Whatever Venus commands is pleasant toil: she never dwells in craven hearts.

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On the broad path I wend my way as is youth's wont, I am caught up in "ice and forgetful of virtue. Caring more for voluptuous pleasure than for my health, dead in spirit, I think only of my skin.

#### 12. Once in lakes I made my home (Ohm lacus colueram)

Once in lakes I made my home, once I dwelt in beauty; that was when I was a swan. Alas, poor me! Now I am black and roasted to a turn!

On the spit I turn and turn; the fire roasts me through; now I am presented at the feast. Alas, poor me! Now I am black and roasted to a turn!

Now in a serving dish I lie and can no longer fly; gnashing teeth confront me. Alas, poor me! Now I am black and roasted to a turn!

#### 13. I am the abbot of Cucany (Ego sum abbas)

I am the abbot of Cucany, and I like to drink with my friends. I belong from choice to the sect of Decius. And whoever meets me in the morning at the tavern by evening has lost his clothes, and thus stripped of his clothes cries out Wafna! Wafna!

What has thy done, oh wicked fate? All the pleasures of this life thus to take away!

#### 14. When we are in the tavern (In taberna quando sumus)

When we are in the tavern we spare no thought for the grave, but rush to the gaming tables where we always sweat and strain. What goes on in the tavern, where a coin gets you a drink, if this is what you would know, then listen to what I say.

Some men gamble, some men drink, some indulge in indiscretions, but those who stay to gamble some lose their clothes, some win new clothes, while others put on sack cloth, there no-one is afraid of death, but for Bacchus plays at games of chance.

First the dice are thrown for wine: this the libertines drink. Once they drink to prisoners, then three times to the living, four times to all Christians, five to the faithful departed, six times to the dissolute sisters, seven to the bush-rangers.

Eight times to delinquent brothers, nine to the dispersed monks, ten times to the navigators, eleven to those at war, twelve to the penitent, thirteen to the travelers,

they drink to the Pope and King alike, all drink without restraint.

The mistress drinks, the master drinks, the soldier drinks, the man of God, this man drinks, this woman drinks, the manservant with the serving maid, the quick man drinks, the white man and the black man drink, the steady man drinks, the wanderer drinks, the simpleton drinks, the wiseman drinks.

The poor man drinks, the sick man drinks, the exile drinks, and the unknown, the boy drinks, the old man drinks, the Bishop drinks, and the Deacon, sister drinks and brother drinks, the old crone drinks, the mother drinks, this one drinks, that one drinks, a hundred drink, a thousand drink.



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Six hundred coins are not enough when all these drink too much, and without restrain, although they drink cheerfully, many people censure us, and we shall always be short of money, may our critics be confounded, and never be numbered among the just.

#### The Courts of Love

#### 15. Love flies everywhere (Arnor volat undique)

Love flies everywhere and is seized by desire, young men and women are matched together. If a girl lacks a partner, she misses all the fun; in the depths of her heart is darkest night; it is a bitter fate.

#### 16. Day, night, and all the world (Dies, nox et omnia)

Day, night, and all the world are against me; the sound of maidens' voices make me weep. I often hear sighing, and it makes me more afraid.

O friends, be merry, say what you will, but have mercy on me, a sad man, For great is my sorrow, yet give me counsel for the sake of your honor.

Your lovely face makes me weep a thousand tears because your heart is of ice, but I would be restored at once to life by one single kiss.

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#### 17. There stood a young girl (Stetit puella)

There stood a young girl in a red tunic; if anyone touched her the tunic rustled. Heigho, there stood a girl fair as a rose, her face radiant, her mouth like a flower.

#### 18. My breast (Circa mea pectora)

My breast is filled with sighing for your loveliness and I suffer grievously. Manda liet, manda liet, my sweetheart comes not. Your eyes shine like sunlight, Like the splendor of lightning in the night. Manda liet, manda liet, my sweetheart comes not. May God grant, may the Gods permit the plan I have in mind, to undo the bonds of her virginity. Manda liet, manda liet, my sweetheart comes not.

#### 19. If a boy and a girl (Si puer cum puellula)

If a boy and a girl linger together, happy is their union. Increasing love leaves good sense behind, an inexpressible pleasure fills their limbs, their arms, their lips.

#### 20. Come, come pray come (Veni, veni, venias)

Come, come pray come, do not let me die, hyrca, hyrca, nazzaza, Trilliriyos ...

Lovely is your face, the glance of your eyes, the braids of your hair, oh how beautiful you are redder than the rose, whiter than the Wy, comelier than all the rest; always I shall glory in you.

#### 21. In the scales (In trutina)

In the scales of my wavering indecision, physical love and chastity are weighed. But I choose what I see, I bow my head in submission, And take on the yoke which is after all sweet.

#### 22. Pleasant is the season (Tempus est iocundum)

Pleasant is the season, 0 maidens, now rejoice together young men.

Oh, oh, I blossom, now with pure young love, I am on fire! This love is new, is new, of which I perish.

My love brings me comfort, when she promises, But makes me distraught with her refusal.

Oh, oh, I blossom, now with pure young love, I am on fire! This love is new, is new, of which I perish.

In winter time the man is lazy, in spring he will get gayity. Oh, oh, I blossom, now with pure young love, I am on firel

This love is new, is new, of which I perish.

My chastity teases me, but my innocence holds me back.

Oh, oh, I blossom, now with pure young love, I am on fire! This love is new, is new, of which I perish.

Come my darling, come with joy, come my beauty, for already I die! Oh, oh, I blossom, now with pure young love, I am on fire!

This love is new, is new, of which I perish.

#### 23. Sweetest Boy (Dulcissime)

Sweetest boy, I give my all to you!

#### 24. Hail to thee most lovely (Ave formosissima)

Hail to thee most lovely, most precious jewel, hail, pride of virgins! Most glorious virgin! Hail light of the world! Hail rose of the world! Blanziflor and Helena! Noble Venus, Hail.

#### 25. Oh Fortune (O Fortuna)

Oh Fortune! Like the moon, ever changing, rising first, then declining; Hateful life treats us badly, then with kindness making sport with our desires, Causing power and poverty alike to melt like ice.

Dread destiny and empty fate, an ever turning wheel, who makes adversity and fickle health alike turn to nothing, In the dark and secretly you work against me; how through your trickery my naked back is turned to you unarmed.

Good fortune and strength now are turned from me. Affection and defeat are always on duty. Come now and pluck the strings without delay! And since by fate the strong are overthrown, weep ye all with me.

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# Peninsula Cantare Singers

#### Jeffrey Benson, Artistic Director and Conductor Emily Hsu, Collaborative Pianist

#### Soprano

Michelle Backer
Emilie Bertram
Liz Brimhall
Elaine Fisher
Lauren Geiselhart
Toby Goldberg
Shirley Gruber
Michelle McDaniel
Shauna Pickett-Gordon
Lisa Shepherd
Melissa Ursin
Danielle Wells

#### Bass

Nathaniel Bergson-Michelson Cody Espejo Geoff Hackman Andrew Hathaway Ronald Hodges Robert Janssen Manit Limlamai Dave Peters Michael Sterling

#### Alto

Jenna Barnett
Tiffany Barry
Paula Collis
Ginny Grant
Naomi Hartwig
Kay Johnson
Miriam Kaplan
Stacey LeVasseur
Laura Natta
Paula Ondricek
Kristen Redaniel
Kim Van Tran
Camille Vargas

#### Tenor

Larry Baer Christian Barajas Max Capestany Cody Scott AJ Valdez Andrew Wilson

### **Guest Artists**

### Resounding Achord Kristina Nakagawa, director

Soprano
Valerie England
Kelli Ghanati
Mara Linde
Kristina Nakagawa
Christina O'Guinn
Hillary Pinard
Jo Taubert
Andrea White

Bass Aaron Deich Ryan Nakagawa Peter Odryna Conner Sines

Alissa Yang

Alto
Jan Clayton
Katherine Doar
Michelle Dreyband
Maureen Driggs
Sarah Epstein
Meredith Moseley
Ramina Pimentel
Denise Pinard
Sarah Scullion
Emily Sleasman
Peggy Spool

Tenor Timir Chokshi David Overcashier Doug Wokoun

#### Vivace Youth Chorus Peggy Spool, director

Whitney Bennett Maya Calvert Leah Dillon Margaret Gardella Saphalaa Iyer + Olivia Jennings Will Jennings Pallas LeMarchand Gracie Miller
Payton Reill\*
Clare Riker
Noa Talmor
Claire Urban
Lisette Valadez
Evie Whelan
Megan Wright\*

+Saturday only

\*Friday only

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Piano Emily Hsu Victoria Lington

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### **Our Director**

Dr, Jeffrey Benson is currently Director of Choral Activities at San José State University in San José, California. The Washington Post hails his choirs for singing "with an exquisite blend, subtlety of phrasing, confident musicianship and fully supported tone...that would be the envy of some professional ensembles."

Dr. Benson recently made his international conducting debut with the Irish Chamber Orchestra and the SJSU Choraliers in Limerick, Ireland, and he made his Carnegie Hall conducting debut in 2015 with the SJSU Choirs and the New York Festival



Orchestra. Choirs under his direction have been invited to perform with the Rolling Stones, Josh Groban, Andrea Bocelli, the Los Angeles Festival Orchestra and the Skywalker Orchestra.

Dr. Benson is a published composer and arranger with Colla Voce Music and Santa Barbara Music Publishing, under the Charlene Archibeque Choral Series. He is also the Artistic Director of Peninsula Cantare, a community chorus based in Palo Alto.

Dr. Benson is an active member of the National Association for Music Education, the American Choral Directors Association (ACDA), and the National Collegiate Choral Organization, where he currently serves as California National Board Representative. ACDA recognized Benson with the first annual Colleen Kirk Award for his outstanding achievement as a young conductor.

Dr. Benson received his Masters degree and his Doctorate in Choral Conducting/Music Education from The Florida State University and his Bachelors degree in Music Education from New York University.

#### Kristina Nakagawa



Kristina Nakagawa is the founding Artistic Director of Resounding Achord, and has been performing and directing in the Silicon Valley for the past 15 years. She previously conducted at the junior high, high school, and collegiate levels, and also sang and served as the Assistant Conductor for The Choral Project. While with the choir, The Choral Project won the First Prize at the 2007 International Choral Festival in San Luis Obispo, and was invited to participate in the 2011 International Concorso

Corale in Tolosa, Spain. She can be heard on their recordings *Winter*, *One is the All, Tell the World*, and *Yuletide*. Kristina has a bachelor of music degree in Vocal Performance from UC Irvine, and a master's degree in Choral Conducting from San José State University. While at SJSU, she was honored to study conducting with Dr. Charlene Archibeque and sang with the world-famous Choraliers. With Dr. "A" and the Choraliers, Kristina competed in the Spittal International Choral Festival in Austria and the Seghizzi Choral Competition in Gorizia, Italy.

#### Peggy Spool

Ms. Spool is the founding director of Vivace Youth Chorus, now in its 14th year. Prior to founding Vivace, she was the Assistant Director for Cantabile Children's Chorus in Los Altos, 1996-2003. She also leads the children's choir program at Stone Church, San Jose, and has prepared children's choruses for Opera San Jose, Symphony Silicon Valley and San Jose Symphonic Choir. She holds a Masters from San Francisco Conservatory in Vocal Performance and a Certificate in Kodaly Music Education from Holy Names University, Oakland.



Vivace is an engaging, high-caliber choral program for children four to eighteen. They offer a Kodaly based choral education program that balances vocal training, music theory, and performances. The chorus fosters creative and artistic growth through its six levels of developmentally attuned and challenging curriculum.

#### Emily Hsu, piano



Emily Hsu began her piano and musical training at the age of three and had won several prestigious accolades by the age of ten. After moving from Taiwan to the Bay Area in 1996, she studied with renowned pianist Rebecca-Sen Chan. Since then, she won numerous competitions including the U.S. Open Competition, Young Pianist's Beethoven Competition, and San Jose Jazz Society Piano Competition. Emily is a graduate of the University of California, Davis where she studied music and computer science.

Currently Emily is a private piano instructor and active musician in the Bay Area. She performs, accompanies, and arranges music frequently for musicians, composers, school choral groups as well as local ensembles. She is the keyboardist and back-up vocalist in the local funk band Soul Intention and has also been a guest performer at various conferences and galas throughout the years.

In addition to having an extensive and accomplished solo career, Emily is a collaborative musician by nature. Not only does she work with Dr. Jeffrey Benson at Peninsula Cantare and the San Jose State University Concert Choir, Emily has served as the accompanist for the ACDA California All-State Junior High/9th Grade Honor Choir under the directorships of Dr. Judy Bowers (2016) and Dr. Jessica Nápoles (2017). She has arranged and performed numerous choral repertoire for the Tzu Chi Foundation and Bo-Ai Chorus (formerly known as Berryessa Chorus). She has also aided Dr. Jennifer McDowell on the completion of her songbook *The Women's Basketball Songbook*, performed with the Cambrian Symphony under the direction of Maestro Scott Krijnen, and worked closely with distinguished music educator Jim Yowell for over a decade.

#### Andrew Metzger, tenor

California based tenor Andrew Metzger fosters a varied repertoire, to which he recently added the role of Rodolfo in Puccini's La Bohème. Possessing a confident and energetic stage presence, the tenor also excels in comedic roles such as Count Almaviva in Rossini's II Barbiere di Siviglia and Nanky-Poo in Gilbert and Sullivan's The Mikado. Concert highlights from the 2016-2017 season include the tenor solos in Orff's Carmina Burana. Handel's Messiah.



Monteverdi's Vespers of 1610, Mendelssohn's Elijah, Mozart's Solemn Vespers, and Handel's Dixit Dominus. In March the tenor will join Opera Cultura singing the role of Scrawny in The Coyotes and the Rabbits, a children's opera by Hèctor Armienta. Mr. Metzger is a graduate of the Opera San Jose Summer Program and the OperaWorks Advanced Artist Program. He holds a M.M. in Vocal Performance from the University of Redlands and a B.A. in Music from Santa Clara University.

#### Brandan Sanchez, baritone



Brandan started his solo work with the Fauré and Brahms Requiem, both with San Jose State University. He appeared with the Symphony Silicon Valley as a soloist in R.V. William's Serenade to Music. In the summer of 2016 he performed Haydn's Lord Nelson Mass with the Ireland Limrick Sinfonia. He has performed roles on stage with San Jose State Opera including Postcard from Morocco and Orpheus in the Underworld. He has sung with the Opera San Jose chorus in Il Trovatore, Die Fledermaus, The Pearl Fishers, Carmen, Silent Night, and La Boheme.

Brandan is currently working on his BM in Vocal Performance at SJSU.

#### Danielle Wells, soprano



Danielle is an emerging young artist in the South Bay Area. Nothing is more fulfilling to Danielle than singing oratorio and sacred works. She recently received her Masters in Voice Performance at San Jose State University, studying under Professor Layna Chianakas. Prior voice instructors include Sandra Bengochea, Dr. Nicole Baker, and Mary Scheibe. In June, Danielle made her international debut in Ireland as the soprano soloist for Haydn's Lord Nelson Mass at the Limerick Sings festival under the baton of Dr.

Jeffrey Benson. In May Danielle was privileged to sing the soprano solo in one of her favorite major works, Brahms' Requiem, in Mission Santa Clara de Asis under the baton of Dr. Benson. Also in May Danielle performed a principal role, Lady with a Cake Box, in Dominick Argento's "Postcard from Morocco." Danielle's other recent performances include the leading role of Eurydice in San Jose State Opera Theater's production of Offenbach's Orpheus in the Underworld conducted by Michael Digiacinto and directed by Layna Chianakas, the soprano soloist in Mozart's Requiem directed by Michael Digiacinto and Dr. Jeffrey Benson, Michaela in an encore performance with San Jose Chamber Orchestra conducted by Maestra Barbara Day Turner, and the National Anthem vocalist for a federal government ribbon cutting ceremony at the City of San Jose. Performing as lead soprano with the Mistletoe Singers around the Bay Area is Danielle's favorite winter pastime. Danielle also enjoys performing with First Street Opera at their Opera Night with Caffe Frascati and the Rock Bar in San Jose, CA. Danielle spent three years as the soprano soloist, cantor, and section leader at St. Martin de Porres Catholic Church in Yorba Linda, CA under the direction of Joseph Bazyouros and Mark Haas. Currently Danielle is the soprano soloist and section leader at the Presbyterian Church of Los Gatos, under the direction of Michael Taylor. This is Danielle's first season as the soprano section leader and soloist with Peninsula Cantare and looks forward to the busy and exciting season ahead.

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#### Deck the Halls

Saturday, December 16, 2017, 7:30pm Covenant Presbyterian Church, Palo Alto

#### Morten Lauridsen's O Nata Lux

Saturday, April 7, 2018, 7:30pm Covenant Presbyterian Church, Palo Alto

#### Mozart Requiem

Saturday, June 2, 2018, 7:30pm First Congregational Church, Palo Alto



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