



**DR. JEFFREY BENSON,  
ARTISTIC DIRECTOR AND CONDUCTOR**



**SATURDAY DECEMBER 12, 2015  
7:30 P.M.**

**COVENANT PRESBYTERIAN CHURCH  
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## Welcome to Peninsula Cantare!

Welcome to the first concert of Peninsula Cantare's 2015-2016 season. You, our audience, are what makes the magic happen. Whether you are a long-time attendee or here for the first time, we hope you will have an extraordinary experience as our talented singers perform unamplified music. If you enjoy our presentation this evening, please tell your friends and neighbors about us because word-of-mouth is the best advertising we can receive.

Peninsula Cantare has made an important contribution to the choral music scene in the Bay Area since it was founded in 1971 at Cañada College. Experienced choral singers of all ages come from the mid-peninsula and beyond. Cantare is dedicated to keeping alive the great choral masterpieces and exploring new music for the education and enjoyment of our audiences. Program repertoire ranges from the Renaissance to the twenty-first century; from a cappella literature to major works with orchestra. In addition to Bay Area concerts, the choir has traveled on six international tours including Brazil in 2007 with members of Masterworks Chorale and will tour Ireland in 2016 with choir members of San Jose State University.

Thank you for joining us tonight. Have a wonderful evening!



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# Program

**Oy es dia de placer** Tomas Pascual (c. 1595-1635)  
arranged and edited by Jody Noblett

**The Shepherd's Carol** William Billings (1746-1800)  
Suffolk Harmony, 1786  
adapted and edited by Richard C. Pisano

**A Ceremony of Carols, Op. 28** Benjamin Britten (1913-1976)  
Ruthanne Adams, Harp arranged by Julius Harrison

1. Procession
2. Wolcum Yole!
3. There is no Rose
- 4a. That yonge child
- 4b. Balulalow Soloist: Sharon Rice
5. As dew in Aprille
6. This little Babe
7. Interlude [for harp]
8. In Freezing Winter Night Soloists: Liz Brimhall & Cody Scott
9. Spring Carol Soloists: Vicki Hanson & Toby Goldberg
10. Deo Gracias
11. Recession

AUDIENCE SING-ALONG: Hark! The Herald Angels Sing

**Jingle, bells** Words and melody by J. Pierpont (1822-1893)  
arranged by David Willcocks

**The First Noel** Traditional  
Soloists: Andrew Hathaway & Clarissa Chandler arranged by Darmon Meader

**Fum, Fum, Fum!** Catalan Carol  
Pianists: Emily Hsu & Eric Liu arranged by Mack Wilberg

**We wish you a merry Christmas** English Traditional Carol  
arranged by David Willcocks

AUDIENCE SING-ALONG: Deck the Halls

**Song for a Winter's Night** Gordon Lightfoot,  
arranged by Michael Hanawalt & Justine Sasanfar

**Go Where I Send Thee** Spiritual  
Soloist: Cody Scott arranged by Andre Thomas

# Program Texts

## Oy es dia dep placer

*Oy es dia de placer y de cantar via todos a bailar.*  
(Today is the day to rejoice and sing. Come everyone to dance!)  
*Regosamos este dia por serde tan placer.*  
(We rejoice this day for the sake of pleasure.)  
*Pues en eltenemos quebuem misterrios de gran alegria.*  
(Therefore, in Him we have such mysteries of great joy.)

## The Shepherd's Carol

1. Methinks I see an Heav'nly Host of angels on the wing;  
methinks I hear their cheerful notes, so merrily they sing.
2. Let all your fears be banished hence, glad tidings I proclaim:  
for there is a Saviour born today, and Jesus is his name.
3. Lay down your crooks and quit your flocks, to Bethlehem repair;  
and let your wondering steps be squared by yonder shining star.
4. Then learn from hence, ye rural swains, the meekness of your God,  
who left the boundless realms of joy, to ransom you with blood.
5. The master of the Inn refused a more commodious place;  
ungen'rous soul of savage mould and destitute of grace.
6. Exult ye oxen, low for joy, ye tenants of the stall;  
pay your obeisance; on your knees, unanimously fall.
7. The Royal Guest you entertain is not of common birth,  
but second in the Great I Am, The God of Heav'n and Earth.
8. Then suddenly an Heav'nly Host around the shepherds throng,  
exulting in the Three-fold God, and thus addressed their song.

## A Ceremony of Carols, Op. 28

### 1. Procession

Hodie Christus natus est: hodie Salvator apparuit: hodie in terra canunt angeli laetantur  
archangeli: hodie exsultant justi dicentes: gloria in excelsis Deo. Alleluia!

### 2. Wolcum Yole!

Wolcum be thou hevne king. Wolcum, born in one morning.  
Wolcum for whom we sall sing!  
Wolcum be ye, Stevne and Jon. Wolcum Innocentes every one,  
Wolcum, Thomas marter one, Wolcum seintes lefe and dere,  
Wolcum be ye good Newe Yere.  
Wolcum, Twelfthe Day both in fere, Wolcum be ye good Newe Yere.  
Wolcum Yole, Wolcum!  
Candelmesse, Quene of bliss, Wolcum bothe to more and lesse.  
Wolcum be ye that are here, Wolcum alle and make good cheer.  
Wolcum alle another yere, Wolcum Yole, Wolcum!

### 3. There is no Rose

There is no rose of such vertu as is the rose that bare Jesu.  
Alleluia, Alleluia.  
For in this rose contained was Heaven and earth in litel space,  
Res miranda, Res miranda.  
By that rose we may well see there be one God in persons three,  
Pares forma, pares forma.  
The aungels sungen the shepherds to: Gloria in excelsis Deo!

Gaudeamus, Gaudeamus,  
Leave we all this worldly mirth, and follow we this joyful birth.  
Transeamus, Transeamus.  
Alleluia, Res miranda, Pares forma, Gaudeamus, Transeamus.

#### 4a. That yonge child

That yonge child when it gan weep with song she lulled him asleep:  
That was so sweet a melody, it passed alle minstrelsy.  
The nightingale sang also: Her song is hoarse and nought thereto:  
Whoso attendeth to her song and leaveth the first then doth he wrong.

#### 4b. Balulalow

O my deare hert, young Jesu sweit, Prepare thy creddil in my spreit,  
And I sall rock thee to my hert, And never mair from thee depart.  
But I sall praise thee evermoir with sanges sweit unto thy gloir;  
The knees of my hert sall I bow, And sing that richt Balulalow!

#### 5. As dew in Aprille

I sing of a maiden that is makeles: King of all kings to her son she ches.  
He came also stille. There his moder was, as dew in Aprille that falleth on the grass.  
He came also stille to his moder's bour, as dew in Aprille that falleth on the flour.  
He came also stille there his moder lay, as dew in Aprille that falleth on the spray. Moder  
and mayden was never none but she: Well may such a lady Goddes moder be.

#### 6. This little Babe

This little Babe so few days old is come to rifle Satan's fold.  
All hell doth at his presence quake though he himself for cold do shake.  
For in ths weak unarmed wise, the gates of hell he will surprise.  
With tears he fights and wins the field. His naked breast stands for a shield.  
His battering shot are babish cries. His arrows looks of weeping eyes.  
His martial ensigns Cold and Need, And feeble Flesh his warrior's steed.  
His camp is pitched in a stall. His bulwark but a broken wall.  
The crib his trench, haystacks his stakes. Of shepherds he his muster makes.  
And thus, as sure his foe to wound, The angels' trumps alarum sound.  
My soul, with Christ join thou in fight; Stick to the tents that he hath pight.  
Within his crib is surest ward. This little Babe will be thy guard.  
If thou wilt foil thy foes with joy, then flit not from this heavenly Boy.

#### 7. Harp Interlude

#### 8. In Freezing Winter Night

Behold a silly tender babe in freezing winter night. In homely manger trembling lies. Alas, a  
piteous sight!  
The inns are full. No man will yield this little pilgrim bed. But forced he is with silly beasts in  
crib to shroud his head.  
This stable is a prince's court. This crib his chair of State. The beasts are parcel of his  
pomp. The wooden dish his plate.  
The persons in that poor attire His royal liveries wear. The Prince himself is come from  
heav'n. This pomp is prized there.  
With joy approach, O Christian wight, do homage to thy King, and highly praise his humble  
pomp wich he from Heav'n doth bring.

#### 9. Spring Carol

Pleasure it is to hear iwis, the Birdes sing. The deer in the dale, the sheep in the vale, the  
corn springing. God's purvayance for sustenance. It is for man.  
Then we always to him give praise, and thank him than.

#### 10. Deo Gracias

Deo gracias!  
Adam lay ibounden in a bond. Four thousand winter thought he not to long.  
And all was for an appil, an appil that he tok, as clerkes finden written in their book.  
Ne had the appil take ben, Ne hadde never our lady a ben hevene quene.  
Blessed be the time that appil take was. Therefore we moun singen.  
Deo gracias!

#### 11. Recession

Hodie Christus natus est. Hodie Salvator apparuit. Hodie in terra canunt angeli laetantur  
archangelii. Hodie exsultant justii dicentes: gloria in excelsis Deo. Alleluia!

#### AUDIENCE SING-ALONG: Hark! The Herald Angels Sing

Verse 1 - Hark! the herald angels sing. Glory to the newborn King.  
Peace on earth and mercy mild, God and sinners reconciled.  
Joyful all ye nations rise, Join the triumph of the skies,  
With th'angelic host proclaim, Christ is born in Bethlehem.  
Hark! the herald angels sing Glory to the newborn King.  
Verse 3 Hail the heav'n-born Prince of Peace! Hail the Son of Righteousness!  
Light of life to all he brings, Risen with healing in his wings;  
Mild he lays his glory by, Born that man no more may die,  
Born to raise us from the earth, Born to give us second birth.  
Hark! the herald angels sing. Glory to the newborn King.

#### Jingle, bells

Verse 1 - Dashing thro' the snow in a one-horse open sleigh,  
O'er the fields we go, laughing all the way;  
Bells on Bob-tail ring, making spirits bright;  
What fun it is to ride and sing a sleighing song tonight. - *Refrain*  
Verse 2 - Now the ground is white; Go it while you're young,  
Take the girls tonight and sing this sleighing song.  
Just get a bob-tailed bay, Two-forty for his speed;  
then hitch him to an open sleigh and crack! you'll take the lead. - *Refrain*  
*Refrain* - Jingle bells, jingle bells, jingle all the way;  
Oh, what fun it is to ride in a one-horse open sleigh!

#### The First Noel

The first noel the angel did say  
was to certain poor shepherds in fields as they lay;  
In fields where they lay keeping their sheep  
on a cold winter's night that was so deep.  
*Refrain*: Noel, noel, noel, noel.  
Born is the king of Israel.  
They looked up and saw a star shining in the East, beyond them far;  
And to the earth it gave great light, and so it continued both day and night.  
*Refrain*  
This star drew nigh to the Northwest. Over Bethlehem it took its rest,  
and there it did both stop and stay right over the place where Jesus lay.  
*Refrain*

## Program Texts

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### **Fum, fum, fum!**

On December twenty five, sing fum, fum, fum!  
He is born the Holy Child, the little babe, the infant mild.  
He is born of Virgin birth and He shall be the joy of earth, sing fum, fum, fum!

Little birds fly from the sky, sing fum, fum, fum.  
Little creatures great and small, come to the stable one and all.  
Come and form a tiny nest, all for the Holy Child to rest, sing fum, fum, fum.

Little stars that shine above, sing fum, fum, fum.  
See the infant as He sleeps, He brings to all goodwill and peace.  
O let the night shine lightly, with a flame burn clear and brightly, fum, fum, fum.

### **We wish you a merry Christmas**

We wish you a merry Christmas and a happy New Year.  
Good tidings we bring to you and your kin.  
We wish you a merry Christmas and a happy New Year.  
Now bring us some figgy pudding, and bring some out here.  
For we all like figgy pudding, so bring some out here.  
We won't go till we've got some, so bring some out here.  
We wish you a merry Christmas and a happy New Year.

### **AUDIENCE SING-ALONG: Deck the Halls**

Verse 1- Deck the hall with boughs of holly, Fa la la la la, la la la la.  
'Tis the season to be jolly, Fa la la . . .  
Don we now our gay apparel, Fa la la . . .  
Troll the ancient Yule-tide carol, Fa la la . . .  
Verse 3- Fast away the old year passes, Fa la la . . .  
Hail the new, ye lads and lasses, Fa la la . . .  
Sing we joyous all together, Fa la la . . .  
Heedless of the wind and weather, Fa la la . . .

### **Song for a Winter's Night**

The lamp is burning low upon my tabletop. The snow is softly falling.  
The air is still in the silence of my room. I hear your voice softly calling.  
If I could only have you near to breathe a sigh or two  
I would be happy just to hold the hands I love on this winter's night with you.

The smoke is rising from the shadow overhead. My glass is almost empty.  
I read again between the lines upon each page the words of love you sent me.  
If I could know within my heart that you were lonely too,  
I would be happy just to hold the hands I love on this winter's night with you.

The fire is dying, my lamp is growing dim. The shades of night are lifting.  
Morning light steals across my window pane where webs of snow are drifting.  
If I could only have your near to breathe a sigh or two,  
I would be happy just to hold the hands I love on this winter's night with you.  
And to be once again with you.

## Program Texts

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### **Go Where I Send Thee**

Children, go where I send thee. How shall I send thee?  
I'm gonna send thee one by one. One for the little bitty baby.  
He was born! Born! Born in Bethlehem.

I'm gonna send thee one by one. One for the little bitty baby.  
Two was for Paul and Silas. Three was the Hebrew children.

Four came knockin at the door. Somebody's knockin at the door!  
Four was the four that came knockin at the door,  
Oh sinner, Why don't you answer? Somebody's knockin at your door.

I shall send thee five by five. Five for the Gospel preachers.  
I shall send thee six by six. Six was the six that couldn't get fixed.  
Seven went up to Heaven. Eight was the eight that stood at the gate.  
Nine was the nine that got left behind! Ten by ten 'cause ten was the ten commandments.

Go where I send thee. How shall I send thee?  
He was born! Born! Born in Bethlehem.

## Peninsula Cantare Singers

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### **Dr. Jeffrey Benson, Artistic Director and Conductor** **Emily Hsu, Accompanist**

#### **Soprano**

Arlie Aguirre  
Liz Brimhall  
Clarissa Chandler  
Pamela Eaken  
Toby Goldberg  
Vicki Hanson  
Elizabeth Matchett  
Sharon Rice  
Lisa Shepherd  
Nancy Winningham

#### **Tenor**

Larry Baer  
Elmer Downs  
Max Capestany  
Cody Scott  
Richard Vaughan  
Ruthie Wilkins

#### **Alto**

Deborah Bennett  
Paula Collis  
Ginny Grant  
Ellen Hill  
Victoria Jayswal  
K. K. (Kay) Johnson  
Miriam Kaplan  
Laura Natta  
Paula Ondricek  
Robyn Peters

#### **Bass**

Nathaniel Bergson-Michelson  
Andrew Hathaway  
Ronald Hodges  
Robert Janssen  
Manit Limlamai  
Kosuke Okamura  
Dave Peters  
Bob Peterson

## Of Special Note

**DR. JEFFREY BENSON** is the Director of Choral Activities at San Jose State University. *The Washington Post* praises his choirs for singing “with an exquisite blend, subtlety of phrasing, confident musicianship and fully supported tone...that would be the envy of some professional ensembles.”



Dr. Benson has served as cover conductor for the Grammy award-winning Washington Chorus, where he helped to prepare the ensemble for Maestros Julian Wachner, Leonard Slatkin and Marvin Hamlisch. In 2006, Dr. Benson was invited to *La Universidad Americana* in Managua, Nicaragua to assist the University in forming the first *a cappella* choir at the institution.

Choirs under his direction have performed on multiple state and regional conferences of ACDA and NAfME and have toured throughout the United States and Europe, including invited performances at The John F. Kennedy Center for the Performing Arts, The White House and Washington National Cathedral. Recently Dr. Benson’s choirs have been invited to perform with the Rolling Stones, Andrea Bocelli, the Los Angeles Festival Orchestra and the Skywalker Orchestra. In 2006, the Woodlawn Chamber Singers under Dr. Benson’s direction were the only high school choir invited to sing on the National Conference of Chorus America in Washington, DC. Recently, he provided backup singers for Josh Groban’s San Jose performance.

Dr. Benson is an active member of the National Association for Music Education, the American Choral Directors Association, and the National Collegiate Choral Organization, where he currently serves as California National Board Representative. In 2002, ACDA recognized Benson with the first annual Colleen Kirk Award for his outstanding achievement as a young conductor.

A former member of the Choir of Men and Boys at Washington National Cathedral, Dr. Benson is an active singer and a frequent guest conductor and clinician. He will conduct several honor choirs on both coasts including

## Of Special Note

appearances at Carnegie Hall and in Europe this year. Santa Barbara Music Publishing recently released one of Dr. Benson’s folksong arrangements under the Charlene Archibeque Choral Series.

Dr. Benson received his Masters degree and his Doctorate in Choral Conducting/Music Education from Florida State University and his Bachelors degree in Music Education from New York University.

### **EMILY HSU, Peninsula Cantare Accompanist**

Emily Hsu started her piano and musical training at the age of three in Taiwan and had won several prestigious accolades by the age of ten. She studied with renowned pianist Rebecca-Sen Chan after moving to the Bay Area in 1996. Since then, she has won competitions such as the U.S. Open Competition, Young Pianist's Beethoven Competition, and San Jose Jazz Society Piano Competition. Emily graduated from the University of California, Davis, where she studied computer science and music.



Emily is presently a private piano instructor and active musician in the Bay Area. She frequently performs, accompanies, and arranges music for musicians, composers, as well as community and school chorus groups. Emily is also the keyboardist and back-up vocalist in the local funk band, Soul Intention.

### **RUTHANNE ADAMS, Harpist**

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leave your email address at the ticket table.**

# Cantare's 2016 Spring Season

Dear Singers and Cantare Friends,

I hope you enjoyed tonight's program. I'm writing to invite you to join Peninsula Cantare for our 2016 concerts. We have an exciting season planned, including a trip to Ireland to perform Haydn's *Lord Nelson Mass*.

Our first rehearsal after the holidays is Tuesday, January 26, and we warmly welcome new and returning singers of all voice parts. Please note our important season dates below. All rehearsals will be held at Covenant Presbyterian Church in Palo Alto (670 E. Meadow Drive) from 7:30 PM to 10:00 PM.

**MARK YOUR 2016 CALENDARS NOW  
WITH CANTARE'S  
SPRING CONCERT DATES!**

## **DURUFLE'S REQUIEM**

Saturday, April 9, 2016

St. Mark's Episcopal Church, Palo Alto

First Rehearsal: Tuesday, January 26, 2016.

In addition to Durufle's stunning and poignant Requiem, the second half of the concert will feature fun and lively tunes by Morten Lauridsen, Carly Simon, and Eric Whitacre.

## **BEETHOVEN'S 9th SYMPHONY w/ Winchester Orchestra in San Jose**

Friday, May 20, 2016

St. Joseph's Cathedral Basilica, San Jose

We will join West Valley College Choir and the Winchester Orchestra for Beethoven's exhilarating Magnum Opus!

## **HAYDN'S LORD NELSON MASS in IRELAND**

June 7-14, 2016

Finally, if you know of other interested singers, please mention Peninsula Cantare to them. Word of mouth and a direct invitation from a friend or acquaintance is SO much stronger than mass email. We'd love to have new singers join us for what is sure to be a spectacular season!

Best,

Jeffrey Benson, Ph.D.

Artistic Director and Conductor, Peninsula Cantare

Director of Choral Activities

San Jose State University



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a Joyous Holiday Concert  
and many thanks for four incredible years!



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